

Grade: 3

Lesson Number: 15

Course: Virṣā

Title: Mental Vices – VIII

Standards

Standard 3: Introduction to Mental Vices

- Students identify why caste-based, gender-based, and other forms of discrimination and biases are contradictory to Sikh values through the performance of a play.
 - *Students should participate in active visual illustrations of the injustices caused by caste and gender-based discrimination.*

Objectives

1. All groups will rehearse their skit privately and then in front of the rest of the class. For this rehearsal, students are to use their props and wear costumes.
2. The students are working in groups creating a play illustrating the fact that these forms of discrimination take place in our community in this day and age – though it contradicts what Sikhī teaches us.

Prerequisites

- Previous completion of Mental Vices Lessons– Days I, II, III, IV, V, VI and VII. (Found in both Bolī and Virṣā lesson plans)

Materials

- Information on discrimination – both gender and caste-based discrimination (see Mental Vices- Day I)
- Student skits (each group member should have a copy of their skit)
- Blank paper
- Highlighters
- Pencil
- Chart paper
- Lined notebook paper

Advanced Preparation

- The information about caste & gender-based discrimination has been provided in Lesson I; please make sure you take a look so that you can conduct the discussion and answer any questions that the students might have.

Engagement (20 minutes)

- Greet the students and have them get settled.
- Find out how many guests to expect for the performance during the next session. Families were to RSVP by today's class.
- Do a quick recap of what students learned during the previous class sessions.
- Teacher will give each group a highlighter.
- Each student will be seated with the rest of their team. At this time they will make sure that all team members have a copy of the skit.

- Each member is responsible for highlighting their own part of the play.
- Students will rehearse their skits on their own.

Exploration (30 minutes)

- Next, teacher will have all students sit in a large group as an audience. Students may need a reminder of how a good audience sits.
- Each group will be designated a number.
- Each student will be given a piece of paper and pencil/ pen to write comments about each groups' performance. They will write the number designated to the group and write their comments beside the number. (It's better to use numbers because this way the entire group is complemented or criticized rather than one individual: e.g. 'Gurleen's group wasn't organized.')
- Ask students to hold their comments until all groups have performed.

Explanation/Extension (10 minutes)

- Have the class sit in a circle.
- Ask students to share constructive comments regarding skits.
- Remind students that they will perform their skits in front of friends and family during the next class.
- Ask them to continue rehearsing throughout the week.

Evaluation (On-going)

- Students should rehearse their roles at home.