

Grade: 5

Lesson Number: 23

Unit Name: Sikh Personalities

Course: Virṣā

Title: Mātā Khīvī (ਮਾਤਾ ਖੀਵੀ)

Standards

Standard 7: The Gurū-Prophet Period: Nānaks I-V

- Students describe the history and times of the Gurūs until the death of Gurū Arjan, including famous Sikh personages.
 - *Students learn the major events and importance of creating institutions by the groundwork laid by the first five Sikh Gurūs. In addition to the Gurūs, students will be introduced to famous Sikh personages such as Bhāī Gurdās, Bhāī Mardānā, Mātā Khīvī, the Bhaṭṭs, Bhāī Buḍḍhā, and others). Activities should include lessons related to the Gurūs, for example Gurū Aṅgad's establishment of wrestling Akhāṛās.*

Objectives

1. Children learn about the achievements of Mātā Khīvī.

Prerequisites

- Lessons on Gurū Nānak to Gurū Arjan. (lesson numbers 16-20)

Materials

- Attached articles
- Dry/Erase board
- Markers
- Article:
<http://www.waheguroo.com/users/pub/keertan/SweetSikhi/Mata%20Khivi%20Ji.pdf>

Advanced Preparation

- Teacher should be familiar with life of Mātā Khīvī.

Engagement (15-20 minutes)

- Review Bhāī Gurdās and Babā Buḍḍhā as highlighted in the previous two classes.
- Let children do the talking and give you specific examples.
- Then ask students if they can name the wives of the first five Gurūs.
- Brainstorm and write names on the board.
 - Gurū Nānak- Bībī Sulakhnī
 - Gurū Aṅgad- Mātā Khīvī
 - Gurū Amardās- Bībī Tāmo
 - Gurū Rāmdās- Bībī Bhānī
 - Gurū Arjan- Mātā Gaṅgā

Exploration (35 minutes)

- Tell children that just like they learnt about Bhāī Gurdās and Babā Buḍḍhā they will learn about Mātā Khīvī.
 - Highlight the following:
 - Mātā Khīvī was married to Bhāī Lahiṇā at the age of 13.
 - She and Bhāī Lahiṇā (Gurū Angad Sāhib) had four children-Dātū, Dāsū, Anokhī and Amro.
 - Mātā Khīvī realized the importance of Gurū Nānak's teachings and as Bhāī Lahiṇā became Gurū Nānak's student, she supported him too.
 - When Bhāī Lahiṇā became Gurū Angad Mātā Khīvī was in charge of overseeing the langar.
 - She is mentioned in the Gurū Granth Sāhib for her hospitality and love towards all the sangat and was specifically remembered for her khīr.
- ਬਲਵੰਡ ਖੀਵੀ ਨੇਕ ਜਨ ਜਿਸੁ ਬਹੁਤੀ ਛਾਉ ਪਤਾਲੀ ॥
- Balvand says that Khīvī, the Gurū's wife, is a noble woman, who gives soothing, leafy shade to all.*
- ਲੰਗਰਿ ਦਉਲਤਿ ਵੰਡੀਐ ਰਸੁ ਅੰਮ੍ਰਿਤੁ ਖੀਰਿ ਘਿਅਾਲੀ ॥
- She distributes the bounty of the Gurū's Langar; the khīr - the rice pudding and ghī, is like sweet ambrosia. (Gurū Granth Sāhib, p967)*
- Mātā Khīvī lived 30 years after Gurū Angad Sāhib passed away and she continued to do sevā.

Explanation/Extension (5-10 minutes)

- Ask children to think about Mātā Khīvī's life and write a story for children in Kindergarten and Grade 1 highlighting her life as a Sikh.

Evaluation (On-going)

- The story that the children write about Mātā Khīvī for the Kindergartners and 1st graders should show you children's understanding of material.